



UNIVERSITY OF
TEXAS
ARLINGTON

SCHOOL OF
SOCIAL WORK

What: Social Work Month Event: Film Screening of *Age of Champions* and Panel Discussion of Exercise and Wellness in Older Adulthood. Light refreshments will be served.

When: Thursday, March 10th, 5:00 to 8:00 p.m.

Where: UTA Campus, 211 S. Cooper St., Social Work Complex Building A, Room 109. Parking is available. Click link for map:
<http://www.uta.edu/maps/?building=SWCA>

Who: UT Arlington faculty, staff, and students, community partners, clinical practitioners, and anyone who might be interested in issues related to health and aging are invited to attend this free event.

The Film: *Age of Champions* is an award winning and inspiring documentary following five older adults who sprint, leap, and swim for gold at the National Senior Olympics. Please view the *Age of Champions* Trailer: <http://ageofchampions.org>

Speaker Panel: The panel of experts, including Mr. Clay Krames (Gold Medal Winner at the National Senior Olympics), Dr. Chris Ray (Associate Dean for Research at the College of Nursing and Health Innovation), Ms. Chelsea Couch (Department of Disability and Aging Services, Texercise Program Coordinator), and Ms. Sydney Farrier (LCSW) will give attendees an opportunity to learn about exercise, health, and wellness in later life.

How: For more information and to **RSVP (please) by March 7th**, contact Dr. Noelle Fields at noellefields@uta.edu

If you require a disability-related accommodation to fully participate in this event, please contact Noelle Fields.

